

Canoeing GEAR LIST

GEAR:

Daypack

*Sleeping bag and pad

Plate, cup, spoon, fork

A few sheets of paper towel for cleaning your dishes

Flashlight or headlamp w/extra batteries

(2) 20 – 30 oz. water bottles

Small pocketknife or multi-tool

Compass

Nylon Cord (30-50 ft)

Whistle

Duct tape (small amount wrapped around a pencil)

Emergency blanket

Matches in waterproof container

Lighter

(2) Large garbage bags

CLOTHING:

Hats (one warm/one cap)

Hiking boots or running shoes

(2 pr.) Wool or synthetic socks

2 pair any socks

(2 pr.) Underwear

(1 pr.) Long underwear shirt & pants

Fleece vest or jacket

Rain poncho or raincoat

(1 or 2 pr.) Pants synthetic

(1 or 2 pr) shorts

(NO JEANS OR COTTON SWEAT PANTS)

1 synthetic long sleeve shirt

1 cotton t-shirt

2 synthetic short sleeve shirts

Bathing suit

* These items can be borrowed or shared.

Tennis shoes or water shoes for in the canoe (these should not be the same shoes you plan on wearing around camp. NO FLIP FLOPS)

PERSONAL ITEMS:

Deodorant

Baby Wipes

Lip balm

Insect repellent

Sunscreen

Toothpaste & toothbrush

Band-aids

Personal medications

Toilet paper

Emergency Numbers

Theresa 586-260-1474

Joe 810-602-5382

Food: You must bring your own breakfast foods & snacks

Bring Money for 2 meals on the road!

Bring \$30.00 for gas

Remember temperatures can go from 80 degrees to 40 degrees overnight during this time of year. Pack appropriately. Pack in as few bags as possible. Don't leave items loose. Have your daypack ready to hike!!